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NC Psychology Board  
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I am a Licensed Psychological Associate (LPA) licensed by the NC Psychology Board since 2009. I have been level three supervision status for about five years. My current employment is the first time my supervisor has been onsite. My first job was as an adjunct professor, then at the community mental health working as a court psychologist, and my current job in public safety continues my with performance of psychological assessments, evaluations and therapy for those with severe and persistent mental illness as well personality disorders.

The employment sites that I have worked called for highly independent functioning. Most issues or concerns were addressed without the help of my supervisor. I was usually the only psychologist at my work location. I was always a part of the multidisciplinary team and a resource for other disciplines. My supervision with my Ph.D. Psychologist mainly involved going over solved scenarios.

My only regret as a LPA is the supervision requirement. LPC's, LCSW, and LMFT's all practice independently. The ability to perform psychological assessments separates LPAs from other disciplines. I have missed many job and volunteer opportunities, particularly calling for psychological assessment and evaluation, not only because of the supervision requirement and associated cost but because insurance panels exclude those who cannot practice independently.

Psychological assessment, evaluations, and therapy are resources that hold voids in many communities that the LPA could fill if independently licensed. Additionally, the supervision requirement does not send a good message; LPAs are known to hold their own against similar disciplines that practice independently at the master's level.

This letter is in support of the NC psychology board proposed rule change to address the need to end career long supervision (21 NCAC 54.2008).

Cordially,

  
Genell Rashad  
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