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August 29, 2019

Mr. Dan Collins, Executive Director, NC Psychology Board
Dr. Robert Hill, Chair, NC Psychology Board
Members, Board of Directors, NC Psychology Board

Dear Board Members:

I am writing to you specifically in support of the proposed rules changes to end career-long supervision for LPAs under **21 NCAC 54.2008**. I have practiced psychology in the state of NC for 36 years. During this time, I have paid for at least 312 months of supervision, ranging from \$50 per hour to \$110. My supervision report ratings have been consistently excellent. Having passed the licensing exam at the doctoral level in 1982, my competence to practice independently probably did begin after my first three years practice. I achieved Level 3 supervision status only after the rule change in 2008 when I was able to track down my previous supervisors and put together the required documentation. At that time, I had practiced psychology in North Carolina for over 26 years.

I have often enjoyed the collegiality of consulting with my supervisors. Too, I have often felt that my own knowledge and experience was beneficial to them. To be honest, as my career matured, supervision sessions often seemed to become more reports of my activity than opportunities for true growth and development. After a point, the success I had in treating individuals with whom I worked was only occasionally related to any feedback that I may have received from a supervisor. In my opinion, career-long supervision gradually becomes a non-functional mandate. If I ever feel that I need ideas or want feedback about my own ideas in regard to treatment of an individual, I seek input from others working in my area of expertise. I have learned through the years that L.P.'s have a responsibility to do the same. Only L.P.A.'s are required to seek "supervision". This highlights the unfairness of the L.P.A. mandate. Having been subjected to this rule for so long, I can tell you that this unfairness has not only been expensive, but has sometimes felt frustrating and demeaning.

Psychology is a wonderful field of practice. Qualified LPA's currently deserve a level playing field to practice psychology independently. Prospective master's level psychologists should not be discouraged from entering the field because of the need to endure the mandate of supervision long past the point that they would otherwise be competent to practice independently. With the sunseting of this off-putting rule, the field becomes more attractive for those who consider entering it. I feel that the elimination of the rule for career-long supervision will be a boon not only for those who are and will be ready to practice independently, but for the general public. Thank

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you for the work you've done toward correcting the rule and ending career-long supervision. I wholly support adoption of the proposed rule change.

Sincerely,

Laura Thompson Quinn

Licensed Psychological Associate