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Attention: Dan Collins, Executive Director  
Dr. Robert Hill, Chair, NC Psychology Board  
Members, Board of Directors, NC Psychology Board  
895 State Farm Road #101  
Boone, NC 28607

Dear Psychology Board Members,

I have been a licensed LPA since 1996, and I am in support of the proposed supervision changes outlined in 21 NCAC 54.2008. When I worked in state positions and received free supervision during my first years of practice, it was greatly beneficial to me. Most of my career has been in private practice. There is such a demand for psychological evaluations in the county I work in and surrounding counties, I feel it is my duty to offer the service. Families often are driving two hours per trip to meet with me in my Wilmington office. Typically, I've looked forward to supervision with Dr. Tom Mates because he has a lot of experience and can discuss a wide variety of issues with me. Still, if we talk about a specific case, I've already formulated my diagnostic impressions; but it's nice to have my ideas validated.

Having said that, I have lost countless hours of productivity driving to supervisors' offices and spent thousands of dollars due to the supervision requirement. I've realized that I'd benefit less from a supervisor, and more from talking with other mental health professionals on a recurring basis to share ideas and our unique experiences in mental health. I'm working on that goal presently.

The other master's level clinicians of mental health obviously have a set limit on their supervision requirements. I've never understood why we are not considered equally competent. The fact that doctors are free of supervision requirements leaves me puzzled since we are dealing with other people's lives. In conclusion, if the proposed change is approved, I will continue to strive toward maintaining high ethical standards. My love of learning about psychology will continue to prompt me to obtain necessary CEUs. Lastly, it would be wonderful to know I can practice with the support of the Board in an independent manner.

Finally, I'd like to address the impact of the supervisor's report form. In past years when they were completed by previous supervisors, I received many Excellent ratings. I'd wonder, am I really Excellent in these areas? They never explained how they viewed my work effort and abilities. All I know is I generally do the best I can. So, when I gave Dr. Mates my letter about leaving his office last week to work in a more affordable office, our meeting ended with him completing the supervision form. I received mostly Average ratings. Am I really only Average in the work that I do? Am I Excellent or Average? It does not matter. I do my best. If I am not well, I do not go to work. When I am at work, my desire to help others, particularly children, leads me to give it everything I can muster that I believe may be helpful. I greatly appreciate your time and consideration in reading my letter.

Sincerely,  
Licia Rogers MS, LPA

*Licia Rogers MS, LPA*